



# Alcohol Addiction Rehab Florida

Reach Out To Us Today

954.429.5026

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Not all [substance abuse treatment programs](#) are the same. Beyond the basic need for professional medical care, patients who choose United Recovery Project do so because they desire a smooth path to recovery. Our team of counselors, therapists, and medical professionals are committed to making this possible by providing unique comforts and innovative addiction therapy programs such as equine therapy. You might be surprised to learn that horses can play a significant role in alcohol and drug addiction treatment. Because horses are sensitive to a person's emotional and mental state, they can reveal important information about changes in a patient's mood. This can assist mental health practitioners as they work with clients to develop the life skills essential to maintaining sobriety.

From the very beginning, United Recovery Project patients receive personalized care.

Our team prides itself on dedication to discretion and professionalism regarding your personal circumstances. Our admissions team is available to take calls 24 hours a day, 7 days a week, and provides a no-cost, confidential assessment. Contact us now at [954.429.5026](tel:954.429.5026).

Because it is legal and easily accessible, alcohol is one of the most abused substances in our country. Alcohol is present at nearly all social gatherings and has been woven into the fabric of our culture. Yet there needs to be moderation. When individuals find themselves abusing alcohol they put themselves at risk of developing an alcohol use disorder or addiction. A dependency on alcohol is a serious condition. Fortunately, with the right support from a substance abuse treatment center individuals can heal.



[Click to watch video](#)



“Amazing people, amazing staff  
and they donate SO MUCH  
OF THE MONEY to help kids  
fighting with cancer! Can't speak  
higher of another business!  
Bryan has been to hell and back,  
and is helping others do the  
same! Highly recommend!”

– Milk

- Violence, including homicide, suicide, sexual assault, and intimate partner violence, all rise when alcohol abuse is involved. This is one reason why United Recovery Project offers gender-specific treatment so that men and women who have been the victims of violence or who have perpetrated it can get the treatment they need in a safe, secure space.
- Alcohol poisoning or alcohol overdose is a frequent outcome of binge drinking (a common form of alcohol abuse)
- Alcohol abuse and addiction impair a person's judgment, raising the risk of participating in sexual behaviors that increase one's exposure to sexually transmitted diseases like HIV.
- Alcohol addiction can cause pregnant women to miscarry, endure a stillbirth, or have a child who suffers from fetal alcohol spectrum disorders (FASDs).

## The Health Risks Of Alcohol Use Disorder

[Alcohol addiction is a disease](#) that takes a severe toll on an individual's body. Many people are aware there are dangers to alcohol abuse, but few understand the degree of these dangers to the immediate or short-term health of the individual and the long-term. Alcohol use disorder is also a condition that ripples outward, affecting more than just the person struggling with the disease. Friends, family, loved ones, co-workers, peers, and even strangers can experience sudden and lasting negative results from a person's alcohol addiction.

Some of the short-term health risks individuals face include:

- Serious injury, most especially from motor vehicle crashes, result from alcohol abuse.

Over the long term, individuals who struggle with alcohol use disorder will find themselves having to deal with other chronic diseases that addiction can provoke or worsen. For example, many struggling with alcohol addiction experience:

- High blood pressure, heart disease, stroke, liver disease, and digestive problems.
- Repeated and prolonged abuse of alcohol weakens the immune system.
- Because alcohol alters brain chemistry as dependency develops, it can cause memory and learning issues

increasing the risk of developing dementia if left untreated.

- Individuals who struggle with mental health issues often find their conditions worsen with repeated alcohol abuse. Similarly, alcohol addiction increases the risk of developing depressive or anxiety disorders (two of the most common mental health concerns affecting millions of Americans every year regardless of addiction).
- Alcohol addiction is a disease that causes personal relationships to strain and decay. This can include family relationships and professional relationships as well.

However, with the right alcohol addiction rehab program, individuals can get the support necessary to arrest the damage done both in the short and long term. At United Recovery Project, we understand the toll alcohol abuse can take on the lives of those struggling with the disease. We also understand how those surrounding and caring for someone with an alcohol use disorder can feel stress and strain. Our programs are designed to help the individual and provide them with the support they need to heal physically and mentally while showing all those impacted how they can recover emotionally.

“I called three different places and the first two were just telling me they had an open bed or they had an opening in a couple days. I called urp and the first thing they asked me was how I was doing and wanted to talk to me about what was going on. I’ve been using for 19 years and at 34 years old I decided I needed help before I hurt myself. My first time ever admitting I had a problem and first time at rehab. I went in May 7th of 2020 and been clean over a year.

Was there for four weeks and they extended my stay two weeks for free.

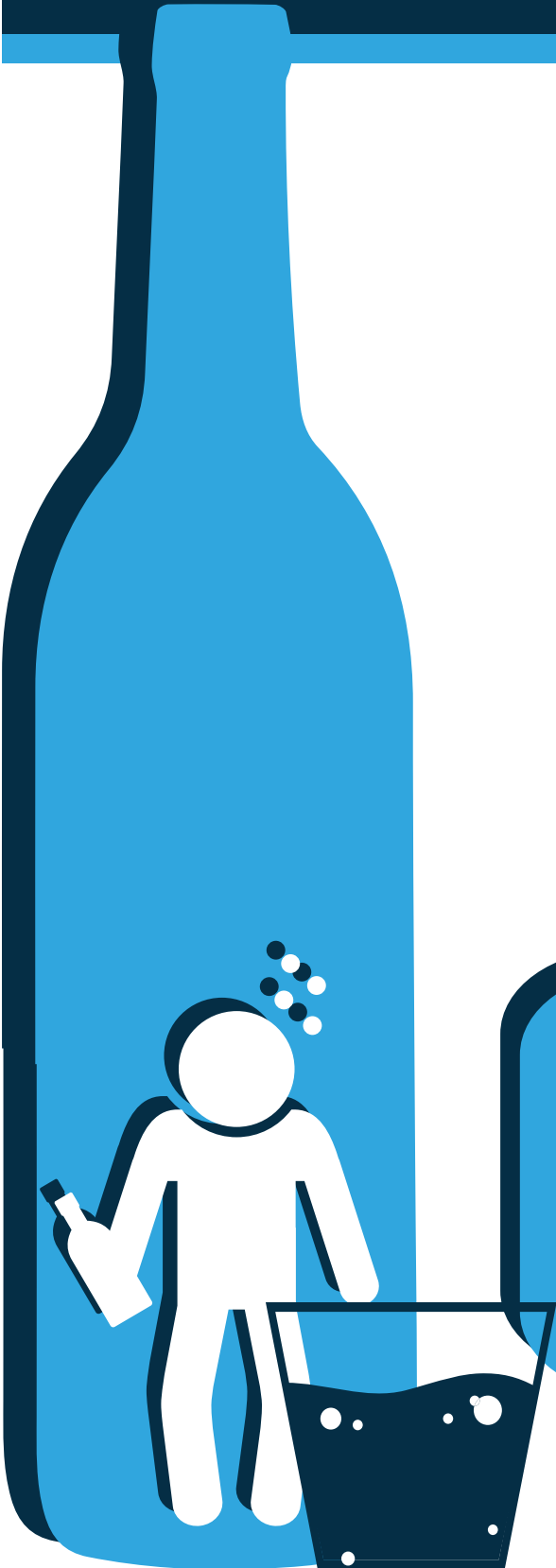
The staff and methods helped me tremendously. Make sure no matter how repetitive or pointless you think things may be just submit yourself completely to the program. Everything I tried to help myself in my life didn’t work for me.

I wasted so many years of my life trying to fix myself my own ways. Embrace the beautiful facilities and the beautiful people that only wish to help you. Stop trying to do things your way and alone. Surrender your will and old habits and you can find new meaning and happiness in your life. Only you can make the decision to change but they can help you find the right path and direction.”

– Morgan



# Impact of Alcohol Addiction



In the US, 29 people a day die in motor vehicle crashes involving an alcohol-impaired driver.

Nearly 15 MILLION people in 2019 had an alcohol use disorder.

Around 95,000 people die from alcohol-related causes each year making alcohol abuse the third-leading preventable cause of death in the nation.

#### Sources:

[https://www.cdc.gov/transportationsafety/impaired\\_driving\\_index.html?CDC\\_AA\\_refVal=https%3A%2F%2Fwww.cdc.gov%2Fmotorvehiclesafety%2Fimpaired\\_driving%2Findex.html](https://www.cdc.gov/transportationsafety/impaired_driving_index.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fmotorvehiclesafety%2Fimpaired_driving%2Findex.html)

<https://www.niaaa.nih.gov/publications/brochures-and-fact-sheets/alcohol-facts-and-statistics>



## Relapse Prevention Alcohol Addiction Treatment Programs

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Unlike your average rehab, United Recovery Project provides a luxury addiction treatment setting for patients to feel at ease while undergoing the challenging process of getting life back on track. Many facilities are crowded and have a clinical or hospital-like feel, whereas United Recovery Project's South Florida location offers a positive and upbeat atmosphere.

Our discreet medical professionals will guide you through a step-by-step process. Through our evaluation, we'll be able to determine what specific issues you'll need to address and work cooperatively with you to design a treatment plan to meet your goals in sobriety.

United Recovery goes beyond simply helping patients break the cycle of addiction. Our team of professionals at our dual diagnosis treatment center provides comprehensive care to combat alcohol abuse's mental and emotional challenges through relapse prevention. Our highly skilled staff help patients learn essential skills for their return to everyday life.

## Why United Recovery Project Stands Out

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United Recovery Project offers clients a serene setting in tropical South Florida just minutes from the beach. More information about our unique residential treatment program and housing options is available on our website [954.429.5026](tel:954.429.5026).

Experts agree that it's important for those seeking to leave behind a life of substance abuse to spend time away from the places and people that enable problematic lifestyle choices. The pleasurable atmosphere at our facility can provide patients with a sense of well-being that will allow them to distance themselves from the triggers of their everyday surroundings. Once patients have learned the coping skills essential to sober living, they can return home with the necessary tools to combat temptations.

Once you arrive at United Recovery Project, an intake specialist will help guide you through the first day of treatment. During the first week, patients typically meet with a mental health counselor and a medical physician to create a personalized treatment plan. Patients meet with a therapist for an individual therapy session to help clarify the goals of their treatment plan. Patients can expect to attend daily group sessions and 12 Step meetings.

Our patients can enjoy the promise of South Florida's pleasures while taking time to develop important recovery skills through addiction therapy programs and services that include:

- Creative therapies like art and music
- Equine therapy
- Relapse prevention education
- Life skills training
- Cognitive-behavioral therapy (CBT)
- Health, wellness, and fitness training



## Reach Out Today And Recover In Luxury

Alcohol use disorder is a disease that affects millions and indirectly impacts us all. Yet with the right support, individuals struggling with addiction can heal and learn to manage this chronic disease. No matter who you are, you deserve the best care possible. At United Recovery Project, we believe patients can enjoy the comforts of a luxury getaway while finding the necessary resources that top medical professionals can provide. Patients can learn new methods to enjoy a life free from the psychological and behavioral burdens of substance abuse on the path to recovery. A new chapter awaits. Contact United Recovery Project today at [954.429.5026](tel:954.429.5026) to learn how you can recover in luxury.